

# Calvary Community Wellness Center

## Member Survey:

Help us to serve you better. Scheduling staff and volunteers at the appropriate times will help us keep member fees low. Please help us to schedule effectively based on your needs.

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1. When are you most likely to use the Wellness Center?

- a. 6:00 – 7:00 am
- b. 7:00 - 9:00 am
- c. 9:00 -11:00 am
- d. 11:00 – 1:00 pm
- e. 1:00 – 3:00 pm
- f. 3:00 – 6:00 pm
- g. 6:00 -8:00 pm

2. Which specialty classes are you most interested in?

- a. Pilates
- b. Cardio-Kick Boxing
- c. Zumba
- d. Breathing/Stretching
- e. Dance/Stretch
- f. Gospel Aerobics
- g. Karate
- h. Body Works
- i. \_\_\_\_\_

3. Which days will you most likely use the facility?

- a. Monday
- b. Tuesday
- c. Wednesday
- d. Thursday
- e. Friday
- f. Saturday

4. Which informational classes are you most interested in attending?

- a. Diabetes
- b. Arthritis
- c. Heart Disease

5. How much are you willing to pay for classes?

- a. \$15 per 6 class session
- b. \$ 20 per 6 class session
- c. \$ 30 per 6 class session

6. Are you interested in receiving Personal Training?

7. Are you interested in participating in sports leagues tailored to your age group.

