



Individuals and families that reside in the urban core continue to experience striking health disparities. Lacking is access to safe, affordable fitness opportunities, encouragement to practice healthy lifestyles and access to accurate information. **CCON WORKS TO ELIMINATE THESE BARRIERS.**

# Building a Healthy Kansas City



## CCON Provides Vital Services

### CCON's Response to COVID-19

Since the onset of COVID-19, CCON has provided thousands of breakfast and lunch meals to youth 18 and under. In addition, CCON has provided groceries and toiletry products to an estimated 1,000 families per month. CCON connects the eastside faith community to access for testing, vaccinating and other critical health services.

In the face of COVID-19 and the Delta Variant, CCON was able this past year to coordinate and help implement the **Our Healthy KC Eastside Initiative**, bringing together 18 churches as well as many community groups and businesses to provide education, sites for vaccines, and other support services where they are needed most.

## Health & Wellness

Prior to COVID-19, CCON provided daily Exercise & Nutrition opportunities in the state of the art, full-service fitness facility located at 3002 Holmes Street. However, since the beginning of the pandemic, CCON has been offering virtual exercise programs and nutrition webinars. Also, the fitness facility has been shifted from that of a health & wellness center to a food distribution center. Over 80 community groups and hundreds of volunteers help us to feed families reeling from the pandemic.

If you need additional information, please call: 816.531.4683  
Or visit: [www.ccon-kc.org](http://www.ccon-kc.org) ... Visit us on Facebook too!

## Youth Development

Drugs - Alcohol - Sex - Bullying - Teens face difficult decisions daily. The Helping Youth Plan for Excellence program (HYPE) encourages teens to become part of the solution through performing arts. Students practice skills in drama, music, and dance.

In 2021 CCON launched the HYPE Media Lab which teaches youth to create rich and meaningful content using various forms of media such as video, audio engineering and production. These popular programs will continue to serve our kids in the coming year.

## HIV/AIDS Prevention & Education

An early leader in the local fight against HIV/AIDS, CCON has an outstanding reputation in our community responding to the critical need to reduce the number of new HIV/AIDS cases through education and HIV Screening. Unfortunately, during the pandemic, CCON has limited their outreach on this critical public health crisis. Once the dangers of the pandemic have faded, CCON will once again maximize the power of Black Churches to spread a message of Hope & Healing around HIV/AIDS.

## Vision & Mission

CCON envisions communities in which disparities are eliminated and the inherent dignity of all residents is recognized.

CCON improves the length and quality of life of urban core Kansas City residents through ongoing innovative education, empowerment, and partnerships.

**We need support now, please consider helping ...  
Your gift will make great things happen.**