

Building a Healthy Kansas City

Individuals and families that reside in the urban core continue to experience striking health disparities. Lacking is access to safe, affordable fitness opportunities, encouragement to practice healthy lifestyles and access to accurate information.

CCON works to eliminate these barriers.

CCON Provides Vital Services:

CCON's Response to COVID-19

Since the onset of COVID-19, CCON has provided thousands of breakfast and lunch meals to youth 18 and under. In addition, CCON has provided groceries and hygiene sanitation products to an estimated 15,000 families.

CCON's initiative to activate the interfaith collaboration of over 100 faith leaders has resulted in the creation and distribution of a booklet with safe reopening suggestions for congregations and the distribution of 50,000 masks to area churches, mosques and synagogues.

Youth Development

Drugs—Alcohol—Sex—Bullying—Teens face difficult decisions daily. The Helping Youth Plan for Excellence program (HYPE) encourages teens to become part of the solution through the performing arts. Students practice skills in drama, music and dance. Caring adults establish positive relationships through coaching and mentoring. HYPE youth write, produce and perform their works in front of their peers at Kauffman Performing Arts Center and other venues in the KC area. The program reaches over 4,000 students annually.

Health & Wellness

CCON provides daily Exercise & Nutrition opportunities in the state of the art, full-service fitness facility located at 3002 Holmes Street. Personal trainers are there every step of the way to serve youth, adults and seniors. CCON also coordinates exciting health education programs using innovative approaches aimed at community and faith based organizations. Recently CCON armed seven congregations with AEDS, First Aid kits and CPR training to launch a program that will educate thousands. It is called the Healthy Faith Project.

HIV/AIDS Prevention & Education

CCON responds to the critical need to reduce the number of new HIV/AIDS cases through education and HIV Screening. The CDC's estimates show that African Americans, more than any other racial/ethnic group, continue to bear the greatest burden of HIV in the US. CCON's approach maximizes the power of Black Churches to spread a message of Hope & Healing. Over 25 churches participate with CCON to bring health and healing to hurting people.

Vision & Mission

CCON envisions communities in which disparities are eliminated and the inherent dignity of all residents is recognized.

CCON improves the length and quality of life of urban core Kansas City residents through ongoing innovative education, empowerment, and partnerships.

***We need support now, please consider helping ...
Your gift will make great things happen.***



WELLNESS CENTER HOURS:

- Monday-Thursday...7 a.m. - 8 p.m.
- Friday7 a.m. - 7 p.m.
- Saturday8 a.m. - Noon

If you need additional information, please call: 816.531.4683

Or visit: www.ccon-kc.org

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